

Addiction Resources During the Pandemic

Scope: This pathfinder is designed to assist anyone trying to find addiction resources during the coronavirus pandemic. Resources include websites discussing the impact of the pandemic on addiction services and ways to access services remotely.

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or other call:

- 911
- National Suicide Prevention Lifeline 1-800-273-8255
- Substance Abuse and Mental Health Service Administration National Helpline 1-800-622-4357

Keywords for General Research:

- Addiction Resources Coronavirus
- Online Addiction Meetings

Impact on Services

COVID-19: Potential Implications for Individuals with Substance Use Disorders

<https://www.drugabuse.gov/about-nida/noras-blog/2020/04/covid-19-potential-implications-individuals-substance-use-disorders>

Coronavirus and Addiction: How to Protect Your Recovery During a Pandemic

<https://www.cumberlandheights.org/blogs/coronavirus-and-addiction/>

Remote Recovery

Alcoholics Anonymous

<http://aa-intergroup.org/>

Cocaine Anonymous

<https://www.ca-online.org/>

LifeRing

<https://www.liferings.org/online-meetings>

In The Rooms – Online Recovery Meetings

<https://www.intherooms.com/home/covid-19-resources/>

Marijuana Anonymous

<https://ma-online.org/>

Narcotics Anonymous

<https://www.na.org/meetingsearch/>

We Connect Recovery

<https://www.weconnectrecovery.com/free-online-support-meetings>

Unity Recovery, WE Connect, and Alano Club

<https://unityrecovery.org/digital-recovery-meetings>